



Dr Alex Button
Clinical Psychologist
BSc (HONS), MPhil, DClinPsy

m: 07828776297 e: dralexandrabutton@outlook.com

John Campbell-Beattie

Work address: 64a Underlane, Plymstock Plymouth PL9 9JZ

Clinic days: 9am – 6pm Monday, Tuesday, Thursday and Fridays.

Phone: 01752 484265 - answering machine always available

Email address: drjcb64@btinternet.com

Website: www.DrJCB.co.uk

Clinical areas of work: EMDR with children and adults

Jill Breeze

Work address and hours: The Practice, [87A High Street, Totnes TQ9 5PB](#)

Clinic days and times: Mondays 9.30am- 5.30pm

Phone number: 07943 725482

Email address: jill.breeze.jb@gmail.com

Works with adults

Dawn Butler – Counsellor and EMDR therapist

Work Location: Blatchcombe Road, Paignton, TQ3 2JP

Working days: Tuesdays, Wednesdays and Thursdays

Areas of work: I am an accredited Integrative Counsellor, with many years of experience working with various models of therapy to suit my clients needs, including EMDR and long or short term therapy. I am experienced working with individuals, couples and families, with struggles, chronic illness, relationship issues and grief. I like to work collaboratively and relationally with my clients.

Website: www.dawnbutlercounselling.co.uk

Email: dawnbutlercounselling@gmail.com

Mobile: 07738110988.

Works with adults



Dr Alexandra Button

Work addresses and hours:

- Coombe Holdridge Farm, Ideford Coombe, TQ12 3GS (Mondays and Fridays 10am-2.30pm)
- Online appointments Tuesdays and Wednesdays 9am-2.30pm

Phone number: 07828776297

Email address: dralexandrabutton@outlook.com

Website: www.drbutton-psychology.co.uk

Clinical areas of work:

Clinical Psychologist trained in a number of therapeutic models including EMDR, Mentalisation Based Therapy and Compassion Focused Therapy. I am an EMDR Consultant and this is my preferred approach to treatment. I also combine EMDR with Equine Assisted Therapy as appropriate.

Works with adults and children

Desiree Hansson

Work location: Preston in Paignton, Devon

Clinic days/hours: Office hours only, on Tuesdays and Wednesdays.

Clinical areas of work: EMDR – adults only.

Contact details: 07944555269, desireehansson@icloud.com

Dr Emma Pillinger – Clinical Psychologist

Work address and hours: 58 Rivermead Road, St. Leonard's, Exeter, EX2 4RL

Hours: please contact for information (usually Mondays and Fridays)

Telephone number: [07599164884](tel:07599164884) - answering machine always available

Email address: hello@thesanctuaryexeter.co.uk

Website: thesanctuaryexeter.co.uk

Clinical areas of work: I am a Chartered and Registered Clinical Health Psychologist and a qualified Functional Medicine Practitioner. I work with people of all ages and backgrounds who experience psychological distress, chronic ill health and / or persistent physical symptoms. I predominantly take a trauma focused approach, utilising systemic, psychodynamic, and functional health principles. I am trained in a number of therapeutic models including EMDR and Narrative therapy.



Andrew Rose

Clinic address: Online therapy

Clinic days and times: please contact for information

Contact details: Mobile – 07540586331 email - asrose@btinternet.com

Works with adults

Romina Scaramagli - BABCP Accredited CBT Therapist And EMDR Therapist

Atlantic CBT & EMDR

Website: www.atlanticcbtandemdr.co.uk

Email: romina@atlanticcbtandemdr.co.uk

Tel: 07707 876440

Works with adults

Dr Ruth Sewell

Clinic address:

- Baring House, 6 Baring Crescent, Exeter EX1 1TL

Phone number: 07872907179

Email address: Dr.ruthsewell@gmail.com

Website: www.ruthsewell.co.uk

Working days: Tuesday, Wednesday and Thursday.

Clinical areas of work

EMDR – adults only

- Therapeutic relaxation therapy, i.e. Autogenic Training.
- Supervision for psychotherapist and counsellors.
- General psychotherapy
- Specialist knowledge in cancer and palliative care

Jayne Smith-Avery

Clinic address: 13 Meadow Rise, Plympton, Plymouth PL7 1JL

Clinic days: Monday , Weds Thurs and Friday.

Clinic times: Daytime up to last appointment at 4.30pm.

Contact details: mobile - 07545059603 email - jayne.smith-avery1@outland.com

Works with adults and children



Wendy van der niet

Clinic address: Tavistock therapy Centre, 3 Abbey place, PL19 0AB

Hours: Monday-Thursday, flexible, up to 7.30pm.

Email wendy@vdntherapy.co.uk

Telephone: 07887353758

Sees clients aged 14 years and above

Graeme Webster (Psychological Therapist/Supervisor & EMDR Consultant)

Clinic address: Online

Hours: Thursdays 2-7.30pm.

Email graeme@plymouthcbt.co.uk

Telephone: 07939 463 133

Website: www.plymouthcbt.co.uk

Sees clients aged 18 years and above

Dr Marsha Taylor

Independent Chartered & Registered Clinical Psychologist and Accredited EMDR Therapist.

Clinic Address: Dartmoor Well-being Centre, 36 Fore St, Buckfastleigh. TQ11 0AA

Clinic days: Tuesday, Wednesday and Fridays.

Website: <https://drmarshataylor.co.uk>

Email: drmarshataylor@outlook.com

Tel: 07533075101

Specialist assessment & psychotherapy for trauma and other stress related mental conditions in adults.

Dr Joanne Porter- Clinical psychologist, EMDR Practitioner

Hours: Friday 9-3

Telephone number: 07884063670- answering machine always available

Email address: jo@drjoanneporter.com

Website: www.drjoanneporter.com

Clinical areas of work:

Adults, PTSD, C-PTSD, GAD, PD, Phobia, Bullying.

Specialism in Autism, Learning Disabilities.

Clinical Supervision (CPSYCHOL)

EMDR Therapists



Natalie Wilkie, Psychotherapist and Counsellor, EMDR Therapist (BACP Accredited)

Website: www.counselling-exeter.co.uk

Telephone number: 07444536080

Email: natalie@counselling-exeter.co.uk

I am an experienced and accredited member of the British Association of Counselling and Psychotherapy (BACP) and hold an MA in counselling and psychotherapy. I work in a psychodynamic modality primarily and include EMDR and also SSP - Safe Sound Protocol. I work with adults only.